



Own My Canvas
PSYCHOTHERAPY AND WELLNESS INC.

Registered Psychotherapist/Registered Psychotherapist (Qualifying)

Job Description

- Flexible schedule
- Work from home

Own My Canvas Psychotherapy and Wellness Inc. is seeking a Registered Psychotherapist (RP) or Registered Psychotherapist Qualifying (RPQ) as an independent contractor to join the team.

We work with Ontarians over the age of 18, with a focus on identifying Black women and women of colour who are struggling with trauma, trauma-related stress, depression, anxiety, mood disorders, medical diagnosis, relational difficulties, self-identity, and life transitions. We take an integrated trauma and somatic approach to therapy. Our approach to counselling is rooted in anti-oppression and black feminist theory, is holistic, relational, affirming, and trauma informed.

We are looking for an (independent contractor) relationship and trauma therapist who can provide culturally responsive counselling and psychotherapy to individuals. A strong preference for a therapist who desires to work with identifying Black women and women of colour. They must be friendly, kind, reliable and professional. The therapist should be able to build client rapport and be proficient in their field. They should have good communication, organizational, time-management and interpersonal skills.

Ideal candidate:

- Experience/ability to provide counselling to individuals (adult families 18+).
- Experience working with PTSD/trauma, anxiety, depression, anxiety, grief, depression, suicidal thoughts/self-harm, relational issues, self-identity, etc.
- Trained and ability to use evidence-based treatment such as CBT, DBT, ACT, EFT, Somatic Therapy, etc. (beyond university level)
- **Flexible hours 10-15 hours/week, with at least 2 evenings availability per week or 1 evening/1 weekend (Saturday)**

Own My Canvas Psychotherapy
and Wellness Inc.
Cambridge, ON

(226)455-9250
www.ownmycanvas.com



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- Work from an anti-oppression, culturally responsive, holistic, relational, and trauma-informed approach.
- Maintain accurate and detailed clinical notes within CRPO's guidelines.
- Respond to emails in a very timely manner.
- Ability to work independently and in a team, and willing to learn and take initiative.

Qualifications:

- Master's degree in counselling through an accredited institution.
- In good standing with the CRPO and adherence to CRPO guidelines
- **If RP(Q), you must have an assigned external supervisor. OMC Psychotherapy and Wellness Inc does not provide, at this time.**
- Possess individual liability and malpractice insurance.
- Official training evidence-based treatment to work with trauma issues.
- Has the necessary requirements to provide virtual counselling services including (but not limited to): A quiet, private space, high-speed internet, computer with adequate audio/visual capabilities.

Assets:

- Knowledge of trauma counselling, racial identity formation
- Experience working with identify Black women and women of colour communities.
- Trained in complex trauma or willing to get training when hired.

Hours:

- Part-time hours: Average around 10-15 per week
- Flexible hours with at least 2 evenings availability per week or 1 evening + 1 Saturday.

Benefits:

- Work from home
- Flexible schedule
- Competitive compensation split.
- Marketing done for you.
- Ongoing support
- Access to training/books/resources to support your learning.

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Integrity and alignment with the current practice ethics and specialization is essential, so please check out our website at ownmycanvas.com and **consider your alignment before applying.**

When applying...

- Please send your resume and cover letter to cindy@ownmycanvas.com
- Please include your availability (days and time) in your cover letter and your anticipated start date.
- Please highlight any relevant training.

Thank you for your interest. I will contact you directly if you will be considered for an interview.

Closing Date: Ongoing, until filled.

Job Types: Part-time, Casual, Freelance

Salary: From \$80.00 per hour

Expected hours: 10 – 15 per week.

Benefits:

- Flexible schedule
- Work from home

Flexible Language Requirement:

- Spanish or French an asset, not required.

Schedule:

- Day shift
- Evening shift
- Monday to Friday
- Weekends as needed.

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Education:

- Master's Degree (required)

Licence/Certification:

- CRPO registration (required)

Work Location: Remote

Application deadline: Ongoing

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